

SPORT REPORT

Name: John Sportee

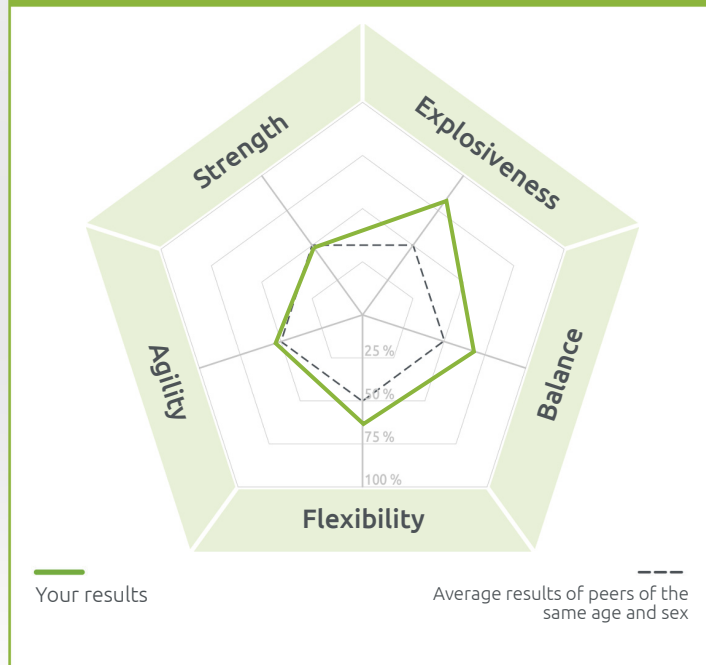
Sex: boy

Age: 8

Test	Ability	Result	Evaluation*
1. Bend forward	Flexibility	23 cm	★ ★ ★ ★ ☆
2. Long jump	Explosiveness	150 cm	★ ★ ★ ★ ★
3. Stork Stand	Balance	10 s	★ ★ ★ ★ ☆
4. T-Run	Agility	16.4 s	★ ★ ★ ★ ☆
5. Basketball Throw	Strength	330 cm	★ ★ ★ ☆ ☆

* Test results compared to children of the same age and sex






Individual Evaluation



Your Biggest Strength*

Explosiveness
84%

Sports Recommended for You

-  **Baseball**
-  **Athletics - jumping**
-  **Basketball**
-  **Volleyball**
-  **Cycling**

